Adults Autism Assessment Service

Adults in Southampton

Provider Southern Health NHS Foundation Trust



Referral

Community Mental Health
Teams
GPs OR Adult Social Care
Teams make referral.
Professional assessment and
decision made to refer for
autism assessment by
Southern Health NHS
Foundation Trust

Assessment

Initial screening, questionnaires and assessment appointment

Review

Mutli-Disciplinary team clinic if referral needs additional consideration

Diagnosis

Endorsed Diagnosis
Report and feedback
appointment provided,
detailing a range of strategies,
and any onward referrals

Pre, during and post diagnostic support

One-to-one individual support
Developing support plans, goal setting, and signposting

Post diagnosis support

A meeting will be offered to allow you the opportunity to discuss your individual support plans

Drop in sessions

Support, information and networking opportunities are available through regular drop in sessions

Telephone information line

An information line is available Monday to Friday, 9am to 5pm to offer advice, support and signposting - 02380 766 162