

## **Groups and Forums**

### **Adult entries**

This list was created on 10/6/19. For more detail, and the most up to date entries, please look on the Local Autism Directory - <https://www.autismhampshire.org.uk/local-autism-directory/>

### **Autism Hampshire - Serendipity Social Groups, for adults who are on the Autism Spectrum**

Network of groups across the county including Winchester, Southampton, Portsmouth, Fareham, Whiteley, Gosport, Swanmore, Basingstoke, Aldershot, New Forest, Mayflower Theatre Group

Contact:

02380 766 162

[serendipity@autismhampshire.org.uk](mailto:serendipity@autismhampshire.org.uk)

<https://www.autismhampshire.org.uk/service-development/serendipity-groups>

### **Alex Kelly Ltd Including Speaking Space Day Service and Talkabout Social Groups**

Specialising in communication for people with a learning disability or autism

Contact:

Alex Kelly Ltd, Romsey, Hampshire, SO51 8ED

02380 987134

[office@alexkelly.biz](mailto:office@alexkelly.biz)

<http://alexkelly.biz/>

### **Andover and District Mencap**

Contact:

The Wellington Centre, Winchester Road, Andover, Hampshire, SP10 2EG

01264321840

[enquiries@andovermencap.org](mailto:enquiries@andovermencap.org)

<https://andovermencap.org/>

### **ASD/Asperger Support group**

3 Counties Counselling and Autism Assessment for adults, aged 18 plus

Contact:

07767329624

**Aspire, National Autistic Society Social Group, Godalming, Surrey**

Adult social group plus social skills group

Contact:

07899 935518

[bettina.stott@nas.org.uk](mailto:bettina.stott@nas.org.uk)

**AutAngel Support Groups**

Support groups for people with autism run by a community interest company in Reading

Contact:

<http://www.autangel.org.uk/>

**Basingstoke GAP Club**

Youth club for young adults, 16-25, with learning difficulties or special educational needs

Contact:

Junction 6 Youth Club, Everest Community Academy, Basingstoke, , RG24 9UP

[helen@basingstokegap.org](mailto:helen@basingstokegap.org)

<http://www.basingstokegap.org/>

**Brockenhurst Gateway Club, New Forest**

For young adults aged 16+ with learning difficulties

Contact:

Village Hall, Brockenhurst, Hampshire, SO42 7RY

Pauline French, club leader, on 07756 257241

[pafrench@yahoo.co.uk](mailto:pafrench@yahoo.co.uk)

**Capable Creatures Guides for the Mind**

Peer support dog walking meet up for dog owners with a mental health condition in Southampton

Contact:

023 80559163

capablecreatures@btinternet.com

**Choices Advocacy Groups - People with Learning Disabilities Have Their Say!**

Self-advocacy group for people with learning disabilities living in Portsmouth

Contact:

The Cornelius Centre, Portsmouth, Hampshire, PO2 7RB

02392820917

hello@choices-advocacy.org.uk

<http://www.choices-advocacy.org.uk/our-work/hampshire/>

**Discount Events Club**

For adults who are on the autism spectrum Southampton

Contact:

Dawn dawndiaper2@gmail.com or Dan privatedan@sky.com

**Enable Ability Multi-Sports Club**

For those aged between 5-25 years old with mild to moderate disabilities

Contact:

311-313 Copnor Road, Portsmouth, Hampshire, PO3 5EG

07429596822

pals@enableability.org.uk

**Firefoxes**

Social group run by and for people with Asperger's syndrome, Basingstoke

Contact:

basingstokefirefoxes@outlook.com

**Gosport Access Group and Disability Forum (GAGDF)**

Helping Gosport to be as inclusive and accessible as possible to all visitors and residents regardless of any disability or impairment

Contact:

The Day Room, Gosport, Hampshire, PO12 2LZ

07847 228394

[gospportaccessgroup@hotmail.co.uk](mailto:gospportaccessgroup@hotmail.co.uk)

<http://www.gospportaccessgroup.org.uk/>

### **Hampshire Autism Voice (HAV)**

Group for parent, carers and people with autism established within the Hampshire Autism Partnership Board (HAPB)

Contact:

07480 615037

<http://www.hampshireautismvoice.org.uk/>

### **Healthwatch Hampshire**

Your spotlight on local services

Contact:

Healthwatch Hampshire, Unit 12, Winchester, Hampshire, SO23 0LD

01962 440 262

[enquiries@healthwatchhampshire.co.uk](mailto:enquiries@healthwatchhampshire.co.uk)

<http://www.healthwatchhampshire.co.uk/>

### **John's Club**

Supporting people with disabilities in the community on the Isle of Wight

Contact:

John's Club, 67a High Street, Shanklin, Isle of Wight, PO37 6JJ

07702 340 193 / 01983865865

[john@johnsclubiow.org](mailto:john@johnsclubiow.org)

<https://www.johnsclubisleofwight.com/>

### **Mencap Southampton**

Working for children, young people and adults with learning disabilities

Contact:

Southampton Mencap, , Southampton, Hampshire, SO17 2NF

023 8058 4088

admin@southamptonmencap.co.uk

<http://www.southamptonmencap.org/what-we-do/>

**Mixed Ability Rugby for Children and Adults Over 13 with Autism, Learning Difficulties and/or Physical Disabilities in Surrey**

A vibrant community club run by volunteers at Chobham Rugby Club

Contact:

Fowlers Wells, Chobham, Surrey, GU24 8LD

07808 630053

mike.oregan@waitrose.com

<https://chobhamrugby.co.uk/teams/mixed-ability-rugby/>

**National Autistic Society (NAS) South Hampshire Branch Social Groups**

Social groups for children and adults with Asperger's or autism

Contact:

St Patrick's Church Hall, Woolston, Hampshire, SO19 9BD

023 8043 2612 or 07532 282301

southampton@shantsnas.org.uk

<http://www.shantsnas.org.uk/Home/Sholing>

**National Autistic Society, Surrey Social Group for Young Adults**

Transition group (18-25-year-olds) – Guildford

Contact:

Howard Childs - 07899 935518

howard.childs@nas.org.uk

<http://www.nassurreybranch.org/services-for-adults.html>

**National Police Autism Association Web Forum**

A forum for UK police officers and police staff who are affected by autism spectrum condition and Asperger syndrome, either personally or caring for family members with the condition

Contact:

<http://www.npaa.org.uk>

### **No Worries - Free Forum**

For people with social phobia and anxiety issues

Contact:

<http://www.noworries.freeforums.net/>

### **Portsmouth Aspies United**

Group for adults with Asperger's syndrome

Contact:

Bryan on [Aspiebry@gmail.com](mailto:Aspiebry@gmail.com)

<https://www.facebook.com/events/portsmouth/portsmouth-aspies-united/906833629337018/>

### **Portsmouth Autism Support and Advice**

Free service for raising awareness of autism & Asperger's syndrome

Contact:

07954404184

[Pirates\\_are\\_cooler\\_than\\_ninjas@hotmail.co.uk](mailto:Pirates_are_cooler_than_ninjas@hotmail.co.uk)

<http://autismsupportandadvice.wordpress.com/about/>

### **Sing For Fun**

Sing for fun music group for adults with autism and other disabilities

Contact:

St Johns Catholic Church, Lee On Solent, Hampshire , PO13 9AS

07811140188

[phil6131@sky.com](mailto:phil6131@sky.com)

<https://www.facebook.com/Sing-for-fun-345930755562750/>

**St Denys Activity Group**

For people with mental health issues and their carers

Contact:

65 Priory Road, St Denys, Hampshire, SO17 2JQ

07399 877141

<https://www.carersinsouthampton.co.uk/st-denys-activity-group-drop-in>

**The G.R.O.W Social Club**

For adults with learning, mental and physical difficulties

Contact:

Fairways House, Southampton, Hampshire, S014 0QB

0330 133 0174

[thegrowproject@srglimited.co.uk](mailto:thegrowproject@srglimited.co.uk)

<https://thegrowproject.co.uk/social-clubs-day-trips/>

**The Stable Family Home Trust**

Touching base club. To support independence skills in Ringwood

Contact:

Cornerways Building , Ringwood, Hampshire, BH24 1LG

01425 478043

[reception@sfht.org.uk](mailto:reception@sfht.org.uk)

<https://fish.hants.gov.uk/kb5/hampshire/directory/service.page?id=Rri6aMs-56g&familychannel=6-6>