

Health and Well-being

For children



Autism
Hampshire

This list was created on 13/9/19. For more detail, and the most up to date entries, please look on the Local Autism Directory - <https://www.autismhampshire.org.uk/local-autism-directory/>

Anti-Bullying Alliance Information Tool

Free online interactive information tool for those working with children on the autistic spectrum

Contact:

<https://www.anti-bullyingalliance.org.uk/sites/default/files/field/attachment/ASDs-and-bulltubg-module-FINAL.pdf>

Autism and Mental Health Consultation Report and Film

Created to support a Hampshire consultation about mental health services

Contact:

<http://www.shantsnas.org.uk/consult>

Challenging Behaviour Foundation Family Support

Charity for people with severe learning disabilities whose behaviour challenges

Contact:

The Challenging Behaviour Foundation, Chatham, Kent, ME4 6BE

01634 838739

support@theCBF.org.uk

<http://www.challengingbehaviour.org.uk/>

Cornloft Creative and Therapeutic Arts Studio, Stockbridge

Sessions to help adults and children with complex issues and their families

Contact:

Cornloft Art Studio and Consultancy, Creative and Therapeutic Art, Stockbridge, Hampshire, SO20

6DJ

Jeff - 07714 182071

Jeff@cornloft.org

<http://www.cornloft.org.uk/creative.html>

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Dental Passport

To give vital information about you to your dentist

Contact:

Bradbury Centre, Southampton, Hampshire, SO16 5NA

0300 303 8603

<http://www.accessibleinfo.co.uk/pdfs/MyDentalPassport.pdf>

Frank: Honest Information about Drugs

Friendly, confidential drugs advice

Contact:

0300 123 6600

frank@talktofrank.com

<http://www.talktofrank.com/>

Get Moving! Dance and Fitness - New Milton

Dance and fitness class for those with disabilities aged 16-25

Contact:

New Milton Health and Leisure Centre, New Milton, Hampshire, BH25 6RR

Sarah Newman on 01425 611199

sarah@isaacson.org.uk

<https://www.facebook.com/Getmovingsayso>

Hampshire Child and Adolescent Mental Health Service: Learning Disabilities

For children/young people with learning disabilities who also have a mental health difficulty

Contact:

Falcon House, St James Hospital, , Portsmouth, , Hampshire, , PO4 9EH

023 9268 4700

SNHS.CAMHS-General@nhs.net

<https://hampshirecamhs.nhs.uk/issue/learning-disabilities/>

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Hampshire SENDIASS

Information, advice and support service for parent carers, children and young people with special educational needs and disabilities

Contact:

08081645504

info@hampshiresendiass.co.uk

<http://www.hampshiresendiass.co.uk>

Healthwatch Hampshire

Your spotlight on local services

Contact:

Healthwatch Hampshire, Unit 12, Winchester, Hampshire, SO23 0LD

01962 440 262

enquiries@healthwatchhampshire.co.uk

<http://www.healthwatchhampshire.co.uk/>

Hospital Passport

National Autistic Society

Contact:

<https://www.autism.org.uk/about/health/hospital-passport.aspx>

Isle of Wight - Private Occupational Therapist

Promoting independence and well-being

Contact:

01983 753476

ot02vwo@btopenworld.com

Kids - National Charity

Working with disabled children, young people and their families

Contact:

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Delta House Salterns Lane, Fareham , Hampshire, PO16 0QS

0132 931 2312

southeastadmin@kids.org.uk

<http://www.kids.org.uk>

Life Support Productions

Online educational resources about sex and relationships for children and young people with learning difficulties

Contact:

020 7723 7520

info@lifesupportproductions.co.uk

<https://www.lifesupportproductions.co.uk//sen.html>

Made With Love by Emma

Weighted blankets and keepsakes

Contact:

18 Carnegie Close, Lee on the Solent, Hampshire, PO13 9JZ

07713625530

madewithlove77@gmail.com

<http://www.madewithlovebyemma.com>

National Autistic Society: Health

Information for autistic people

Contact:

<https://www.autism.org.uk/about/health.aspx>

National Health Service - Questions to Ask Leaflet

Easy read information about seeing the doctor or visiting the hospital

Contact:

<https://www.nhs.uk/NHSEngland/AboutNHSservices/Documents/Ouestions%20to%20ask/QTA%20E>

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New Hopes Nutrition - New Forest

A dietary specialist with experience supporting children/adults with autism

Contact:

45 Waverley Road, Fordingbridge, Hampshire, SP6 1EU

07866 950685

susandavis@newforestnutrition.co.uk

<https://www.newforestnutrition.co.uk>

NHS Apps Library: Mental Health

A list of apps that support mental health

Contact:

https://apps.beta.nhs.uk/category/mental_health

NHS Choices Hospital Visit Guide

Going into hospital with a learning disability top tips leaflet

Contact:

<http://www.nhs.uk/Livewell/Childrenwithlearningdisability/Pages/Going-into-hospital-withlearning-disability.aspx>

Portsmouth Disability Forum (PDF)

Promoting care, welfare, interest, education and advancement for disabled people and their families

Contact:

Frank Sorell Centre, Southsea, Hampshire, PO4 9HR

02392 815266

contact@p-d-f.org.uk

<http://www.p-d-f.org.uk/en/>

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Samaritans

24/7 support service

Contact:

08457 90 90 90

jo@samaritans.org

<http://www.samaritans.org/>

Sensecere - Fareham

Sensory activities for children and parents

Contact:

27 Clarendon Crescent, Fareham, Hampshire, PO14 4RE

07870 421212

sharon@sensecere.com

<http://www.sensecere.com>

Southampton City Council: Children's Social Care

Information about health and social care for children

Contact:

Children's Social Care (M/H), Southampton City Council, , Southampton, Hampshire, SO14 7LY

023 8083 3004

enquiries@southampton.gov.uk

<http://www.southampton.gov.uk/living/scchildren/default.aspx>

Southampton City Council: Jigsaw

Team for Disabled Children

Contact:

Jigsaw , Southampton, Hampshire, SO15 1RJ

023 8091 5702

children.first@southampton.gov.uk

<http://sid.southampton.gov.uk/kb5/southampton/directory/service.page?id=nStqYS7rVXQ&localoff>

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Special Care Dental Service - Solent NHS

Provision for people with disabilities

Contact:

Dental Single Point of Access, Southampton, Hampshire, SO14 0YG

0300 300 2014 / 023 8077 2585

<https://www.solent.nhs.uk/our-services/services-listings/special-care-dental-service/>

Special Yoga - Milford on Sea

Yoga workshops suitable for people with autism

Contact:

Halnaker House, Milton on Sea, Hampshire, SO41 0RP

0789 458 8002

info@novamileskoyoga.com

<https://novamilesko.com/>

Staying Safe Out and About

An easy read guide for people with learning disabilities

Contact:

Foundation for People with Learning Disabilities,, LONDON,, , SE1 2SX

020 7803 1100

info@learningdisabilities.org.uk

<https://www.mentalhealth.org.uk/learning-disabilities/publications/staying-safe-out-and-about>

The CAMHS Drop In, Portsmouth

Mental health drop in for people aged 13-19

Contact:

Somerset Central Hub, Southsea, Hampshire, PO5 4EY

02392 684 700

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<https://guildhallwalkgp.nhs.uk/about-information/thecamhs-drop-in/>

Tower House Horses - Micheldever

Equine assisted learning for children and young people

Contact:

The Tower House, Micheldever Station, Hampshire, S021 3AL

01962 774245

info@towerhousehorses.co.uk

<http://www.towerhousehorses.co.uk>

Young Epilepsy

Transition support programme for young people (aged 15-25) with epilepsy in Hampshire

Contact:

01342 832243 ext 517

etingley@youngepilepsy.org.uk

<http://youngepilepsy.org.uk/>