

Support Services

This list was created on 9/7/19. For more detail, and the most up to date entries, please look on the Local Autism Directory - <https://www.autismhampshire.org.uk/local-autism-directory/>

Autism Hampshire - Housing and Support

Support for adults on the autism spectrum at home, workplace or college

Contact:

Autism Hampshire, 1634 Parkway, Fareham , Hampshire, PO15 7AH

01489 880881

information.advice@autismhampshire.org.uk

<https://www.autismhampshire.org.uk/how-we-can-help/housing-support>

Adult High Functioning Autism & Asperger's Diagnosis Service - Isle of Wight NHS

Assessment, diagnosis and support service for adults (18 plus)

Contact:

The Arthur Webster Clinic , Shanklin, Hampshire, PO37 7HZ

01986 866179

<https://www.iow.nhs.uk/our-services/mental-health-services/Autism/autism--aspergers.htm>

Alabare: Christian Care and Support - Andover

Supporting vulnerable, homeless and marginalised people

Contact:

Riverside House, Churchfields, Salisbury, SP2 7UD

01264 369694

equires@alabare.co.uk

<http://www.alabare.co.uk/about>

Andover and District Mencap

Supporting individuals with learning disabilities in Andover

Contact:

The Wellington Centre, Winchester Road, Andover, Hampshire, SP10 2EG

01264321840

enquiries@andovermencap.org

<https://andovermencap.org/>

AS Mentoring

Specialist mentoring and employment support for adults with autism spectrum conditions and other neurodiverse conditions

Contact:

07722 161 244

enquiries@asmentoring.co.uk

<https://asmentoring.co.uk/>

ASD and ADHD Service: Hampshire - Surrey and Borders Partnership NHS Foundation Trust

Diagnosis and support for adults with ASD or ADHD in Hampshire

Contact:

Dickson House Medical Centre, Basingstoke, Hampshire, RG21 7AN

01256 361 180

<https://www.sabp.nhs.uk/our-services/learning-disabilities/asd-adhd/autism-adhd>

Aster Living - Hampshire Handyperson Service

Anyone aged over 55 or who is disabled (including Families with children)

Contact:

0800 6940303

info@asterliving.co.uk

<https://www.aster.co.uk/independent-living/my-home-my-life>

[Read more](#)

Challenging Behaviour Foundation Family Support

Charity for people with severe learning disabilities whose behaviour challenges

Contact:

The Challenging Behaviour Foundation, Chatham, Kent, ME4 6BE

01634 838739

support@theCBF.org.uk

<http://www.challengingbehaviour.org.uk/>

Clinical Partners Private Mental Health Partnership

For adults and parents of children with special needs including autism

Contact:

Suite F1 St Pauls House, Farnham, , GU9 7TJ

0203 326 9160

help@clinical-partners.co.uk

<https://www.clinical-partners.co.uk/child-adolescents/autistic-spectrum-disorders>

Hampshire Specialist Parenting Support Service, Provided By Barnardo's

For parents and carers of children aged 5-17 with ADHD, autistic spectrum conditions and behaviour that challenges

Contact:

Post Office Chambers, Hedge End, Southampton, Hampshire, SO30 4QU

01489 799178

hampshireparenting@barnardos.org.uk

<http://www.barnardos.org.uk/hspss>

Minstead Trust - New Forest

Growing lives together - Supported living

Contact:

Minstead Training Trust, , Minstead , Hampshire, SO43 7FT

02380 812 002

info@MinsteadTT.org

<http://www.minsteadtt.org/>

Mustard Seed Autism Trust - Registered Charity

Supporting families living with autism in an around Farnborough

Contact:

Frimhurst Family House, Frimley Green, Surrey, GU16 6NU

07980 636413

info@mustardseedautism.co.uk

<https://www.mustardseedautism.co.uk/>

Off The Record, South East Hampshire

Information, support and counselling service for young people aged 11-25

Contact:

Off The Record, Havant, Hampshire, PO9 3SU

02392 785999

admin@off-the-record.org.uk

<http://www.otr-south.org.uk/>

One Community, Eastleigh

Support services - Information for clients or their carers

Contact:

16 Romsey Road, Eastleigh, Hampshire, SO50 9AL

02380 902400

info@1community.org.uk

<http://www.1community.org.uk/pages/home.aspx>

Portage - Home Visiting Educational Service, Hampshire Branch

Working with parents & carers of pre-school age for children (0-4 years) in Hampshire and the Isle of Wight

Contact:

X-Perience, Young Persons Centre, Fareham, Hampshire, PO16 7SJ

02392 244020

beverley.strong@hants.gov.uk

<https://www.portage.org.uk/hampshire-portage-service>

Portsmouth Special Educational Needs and Disabilities Information Advice and Support Service

For parents or carers of a child or young person (aged 0-25) with a disability and/or special educational needs

Contact:

0300 303 2000

portsmouthiass@roseroad.org.uk

http://www.portsmouthsendiass.info/en/About_us

Rose Road Association (Southampton)

Providing a range of services for young disabled people aged 0-25 years

Contact:

Bradbury Centre , Southampton, Hampshire, SO16 5NA

02380 721234

askus@roseroad.org.uk

<http://www.roseroad.org.uk>

SENTAS (Special Educational Needs Transport Advocacy Service)

Information, advice and advocacy around issues with SEN home to school and college transport

Contact:

07986768085

info@sentas.co.uk

<http://roseroad.cmail19.com/t/r-l-yhttlrkl-ttzatydd-a/>

Stables Family Home Trust - Ringwood

Domiciliary care, supported living and residential homes for people with learning disabilities

Contact:

The Stables, Ringwood, Hampshire, BH24 3BN

01425485093

mandyharris@sfht.org.uk

<http://www.sfht.org.uk/>

Stuarts House Care Ltd - New Forest

Day care support and residential support for adults with autism

Contact:

Stuarts House Care Ltd, Bartley, , SO40 2LN

07880 558011

AMANDA@STUARTSHOUSECARE.COM

<https://www.stuartshousecare.com>

The G.R.O.W Project Day Service

For adults aged 18 plus with learning and physical disabilities in Southampton and Eastleigh

Contact:

Bank House, Southampton, Hampshire, SO14 3AB

0330 133 0174

thegrowproject@srglimited.co.uk

<https://thegrowproject.co.uk/day-services/>

THOMAS Outreach Programme - Hampshire County Council

Support for young children with social communication difficulties or autism, aged 2-4

Contact:

Clarendon House, Winchester, Hampshire, SO22 5PN

01962 876236

kirsty.joisce@hants.gov.uk

<https://fish.hants.gov.uk/kb5/hampshire/directory/service.page?id=fdGF8nQJGIQ>