

# Support Services

For children and adults



This list was created on 28/9/19. For more detail, and the most up to date entries, please look on the Local Autism Directory - <https://www.autismhampshire.org.uk/local-autism-directory/>

## **Autism Hampshire - Housing and Support**

Support for adults on the autism spectrum at home, college or in the workplace

Contact:

Autism Hampshire, 1634 Parkway, Fareham , Hampshire, PO15 7AH

01489 880881

[information.advice@autismhampshire.org.uk](mailto:information.advice@autismhampshire.org.uk)

<https://www.autismhampshire.org.uk/how-we-can-help/housing-support>

## **Autism Hampshire: Specialist Mentoring Support**

1:1 support for higher education students

Contact:

Floor 1 Norrish Central Library, Portsmouth, Hampshire, PO1 2DX

[ahspecialistmentoring@autismhampshire.org.uk](mailto:ahspecialistmentoring@autismhampshire.org.uk)

<https://www.autismhampshire.org.uk/how-we-can-help/university-mentoring-service>

## **First Steps to Finding Services for Southampton, Hampshire, Isle of Wight and Portsmouth**

Useful local guides to help people find local autism support services

Contact:

<https://www.autismhampshire.org.uk/local-autism-directory/first-steps-guides>

## **Adult High Functioning Autism & Asperger's Diagnosis Service - Isle of Wight NHS**

Assessment, diagnosis and support service for adults (18 plus)

Contact:

The Arthur Webster Clinic , Shanklin, Hampshire, PO37 7HZ

01986 866179

<https://www.iow.nhs.uk/our-services/mental-health-services/Autism/autism--aspergers.htm>

## **Alabare: Christian Care and Support - Andover**

[autismhampshire.org.uk](https://www.autismhampshire.org.uk)

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**Autism**  
Hampshire

Supporting vulnerable, homeless and marginalised people

Contact:

Riverside House, Churchfields, Salisbury, SP2 7UD

01264 369694

[enquiries@alabare.co.uk](mailto:enquiries@alabare.co.uk)

<http://www.alabare.co.uk/about>

### **Andover and District Mencap**

Supporting individuals with learning disabilities

Contact:

The Wellington Centre, Winchester Road, Andover, Hampshire, SP10 2EG

01264321840

[enquiries@andovermencap.org](mailto:enquiries@andovermencap.org)

<https://andovermencap.org/>

### **AS Mentoring**

Specialist mentoring and employment support for adults with autism spectrum conditions and other neurodiverse conditions

Contact:

07722 161 244

[enquiries@asmentoring.co.uk](mailto:enquiries@asmentoring.co.uk)

<https://asmentoring.co.uk/>

### **ASD and ADHD Service: Hampshire - Surrey and Borders Partnership NHS Foundation Trust**

Diagnosis and support for adults with ASD or ADHD

Contact:

Dickson House Medical Centre, Basingstoke, Hampshire, RG21 7AN

01256 361 180

<https://www.sabp.nhs.uk/our-services/learning-disabilities/asd-adhd/autism-adh>

### **Challenging Behaviour Foundation Family Support**

[autismhampshire.org.uk](http://autismhampshire.org.uk)

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Hampshire

Charity for people with severe learning disabilities whose behaviour challenges

Contact:

The Challenging Behaviour Foundation, Chatham, Kent, ME4 6BE

01634 838739

[support@thecbf.org.uk](mailto:support@thecbf.org.uk)

<http://www.challengingbehaviour.org.uk/>

### **Clinical Partners Southampton**

For adults, and parents of children with special needs including autism

Contact:

147 Shirley Road, Southampton, Hampshire, SO15 3FH

0203 326 9160

[help@clinical-partners.co.uk](mailto:help@clinical-partners.co.uk)

<https://www.clinical-partners.co.uk/child-adolescents/autistic-spectrum-disorders>

### **Hampshire County Council: Services for Young Children**

Supporting parents, carers, families, childcare and early years education

Contact:

Services for Young Children, Winchester, Hampshire, SO23 8UG

01962 847070

[childcare@hants.gov.uk](mailto:childcare@hants.gov.uk)

<http://www.hants.gov.uk/childcare>

### **Hampshire Specialist Parenting Support Service, Provided By Barnardo's**

For parents and carers of children aged 5-17 with ADHD, autistic spectrum conditions and behaviour that challenges

Contact:

Post Office Chambers, Hedge End, Southampton, Hampshire, SO30 4QU

01489 799178

[hampshireparenting@barnardos.org.uk](mailto:hampshireparenting@barnardos.org.uk)

<http://www.barnardos.org.uk/hspss>

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**Autism**  
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## **Isle of Wight Council: Adults Services**

Care and support including personal care and practical help for over 18s

Contact:

County Hall, Newport , Isle of Wight, PO30 1UD

01983 823340

<https://www.iow.gov.uk/Residents/Care-Support-and-Housing/Adults-Services/>

## **Isle of Wight Council: Children's Centres**

Isle of Wight NHS Trust

Contact:

<https://www.iow.nhs.uk/our-services/health-visiting-school-nursing/childrens-centres.htm>

## **Isle of Wight Council: Children's services**

Information for parents, carers and professionals

Contact:

Customer Service Centre, Newport, Isle of Wight, PO30 1UD

01983 821000

[customer.services@iow.gov.uk](mailto:customer.services@iow.gov.uk)

<http://www.iwight.com/Residents/Care-and-Support/Childrens-Services/>

## **Isle of Wight Educational Psychology Service**

Specialist Autism Assessment & Support Service

Contact:

Rocklands Manor, St Lawrence, Isle of Wight, PO38 1XH

01983 854777

[helloiweps@gmail.com](mailto:helloiweps@gmail.com)

<http://www.iweps.co.uk/autism.html>

## **Minstead Trust - New Forest**

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**Autism**  
Hampshire

Growing lives together - Supported living

Contact:

Minstead Training Trust, , Minstead, Hampshire, SO43 7FT

02380 812 002

info@MinsteadTT.org

<http://www.minsteadtt.org/>

### **Mustard Seed Autism Trust - Registered Charity**

Supporting families living with autism in an around Farnborough

Contact:

Frimhurst Family House, Frimley Green, Surrey, GU16 6NU

07980 636413

info@mustardseedautism.co.uk

<https://www.mustardseedautism.co.uk/>

### **Off The Record, South East Hampshire**

Information, support and counselling service for young people, aged 11-25

Contact:

Off The Record, Havant, Hampshire, PO9 3SU

02392 785999

enquiries@otr-south.org.uk

<http://www.otr-south.org.uk/>

### **One Community, Eastleigh**

Support services and information for clients or their carers

Contact:

16 Romsey Road, Eastleigh, Hampshire, SO50 9AL

02380 902400

info@1community.org.uk

<http://www.1community.org.uk/pages/home.aspx>

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Read more

## **Parentlink: Supportlink**

Supporting families within the community

Contact:

Parentlink, Colors, Holbury, Hampshire, SO45 2PA

07403344470

info@parent-link.co.uk

<http://www.parent-link.co.uk/services/supportlink/>

## **Portage - Home Visiting Educational Service, Hampshire Branch**

Working with parents & carers of pre-school age for children (0-4 years)

Contact:

X-Perience, Young Persons Centre, Fareham, Hampshire, PO16 7SJ

02392 244020

beverley.strong@hants.gov.uk

<https://www.portage.org.uk/hampshire-portage-service>

## **Portsmouth Special Educational Needs and Disabilities Information Advice and Support Service**

For parents or carers of a child or young person with a disability and/or special educational needs, aged 0-25

Contact:

0300 303 2000

portsmouthiass@roseroad.org.uk

[http://www.portsmouthsendiass.info/en/About\\_us](http://www.portsmouthsendiass.info/en/About_us)

## **Rose Road Association (Southampton)**

Providing a range of services for young disabled people, aged 0-25

Contact:

Bradbury Centre, Southampton, Hampshire, SO16 5NA

02380 721234

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[askus@roseroad.org.uk](mailto:askus@roseroad.org.uk)

<http://www.roseroad.org.uk>

### **SENTAS (Special Educational Needs Transport Advocacy Service)**

Information, advice and advocacy around issues with SEN home to school and college transport

Contact:

07986768085

[info@sentas.co.uk](mailto:info@sentas.co.uk)

<http://roseroad.cmail19.com/t/r-l-yhttlrkl-ttzatydd-a/>

### **Stuarts House Care Ltd - New Forest**

Day care support and residential support for adults with autism

Contact:

Stuarts House Care Ltd, Bartley, , SO40 2LN

07880 558011

[AMANDA@STUARTSHOUSECARE.COM](mailto:AMANDA@STUARTSHOUSECARE.COM)

<https://www.stuartshousecare.com>

[Read more](#)

### **The G.R.O.W Project Day Service**

For adults aged 18+ with learning and physical disabilities in Southampton and Eastleigh

Contact:

Bank House, Southampton, Hampshire, SO14 3AB

0330 133 0174

[thegrowproject@srglimited.co.uk](mailto:thegrowproject@srglimited.co.uk)

### **The Phoenix Project IOW - Ryde**

Services for adults with learning disabilities and autism

Contact:

The Phoenix Centre, Ryde, Isle of Wight , PO33 3HS

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Hampshire

01983 810172

[enquiries@phoenixprojectiow.org](mailto:enquiries@phoenixprojectiow.org)

<http://phoenixprojectiow.org/>

## **THOMAS Outreach Programme - Hampshire County Council**

Support for young children with social communication difficulties or autism, aged 2-4

Contact:

Rushmoor Borough Council Offices, Farnborough, Hampshire, GU14 7JU

01252 814801

[nicola.bouvier@hants.gov.uk](mailto:nicola.bouvier@hants.gov.uk)

<https://fish.hants.gov.uk/kb5/hampshire/directory/service.page?id=fdGF8nQGIQ>