

AUTISM & HEALTH

Flu Vaccination





The flu is a virus that can make you feel unwell



Having the flu vaccine is one way to protect yourself from the virus



The flu vaccine is given out by the NHS



You can have the flu jab at a GP surgery



You can have the flu jab at a pharmacy



You can ask someone you trust to support you with getting the flu vaccination



Further information can be found at https://www.nhs.uk/conditions/flu/