

Serendipity Social groups

This leaflet tells you what our serendipity social groups do, who they are for, when the groups run, and how you can join.

What do the Serendipity Social Group do?

Our Serendipity social groups are for adults diagnosed with autism.



Groups are supportive and non-judgemental.

Anyone is welcome to join, even if you just come along and listen.



Some groups are online,

and some groups are in person.



All groups are run by a trained volunteer.

Who are the Serendipity groups for?

For all autistic adults aged 18 +.

You can join any group, in any area that you wish.

When are the Serendipity groups run?

The table below shows all the groups we have across Hampshire and when, where, and how often they run:

Group Name	When	Frequency	In person or online
Eastleigh Online Social Group	Friday, 4pm-6pm	Every week	Online
St James Park Social Group (Shirley)	Tuesday, 11am-12pm	Every other week	In person
Women's Online Social Group	Tuesday, 7pm-8:30pm	Every other week	Online
Fareham Social Group	1st & 3rd Wednesday of the month, 10:45am-12pm	Two times per month	In person
Lee on the Solent Social Group	Sunday 7pm-9pm	Every week	In person
Drama Group with MAST Mayflower Studios (Southampton)	1st Tuesday of the month, 10am-12pm	Every month	In person
Eastleigh In Person Social Group	Friday 4pm-6pm	Every other week	In person tbc
Art Group (Southampton)	Thursday 3pm-5pm	Every other week	In person from June 2022

How do I join a Serendipity group?

To join a Serendipity social group, you will need to register as a member.

There are 3 ways you can complete the registration form:

1. Our online form:

<https://forms.office.com/r/vSUrV17ELW>



2. Email. Please email

serendipity@autismhampshire.org.uk

& ask for a registration form.

3. Over the phone (if you don't have access to a computer).



Please call IAG on 02380 766162.

