

**Page 1 - Serendipity Community Groups**

<b>Group Name</b>	<b>When</b>	<b>Frequency</b>	<b>In Person or Online</b>
<b>Portsmouth Group</b>	Monday, 5pm - 7pm	Every other week	In person
<b>Basingstoke Group</b>	Monday, 1:30pm - 3:30pm	Once a month	In person
<b>St James Park Group (Shirley, Southampton)</b>	Tuesday, 11am - 1pm	Every other week	In person
<b>Women's Online Group</b>	Tuesday, 7pm - 8:30pm	Twice a month	Online
<b>Fareham Group</b>	Friday, 2:30pm - 4:30pm	Two times per month	In person
<b>New Milton Group (New Forest)</b>	Wednesday, 2pm - 4pm	Once a month	In person

If you would like further information on our groups,  
please contact: [serendipity@autismhampshire.org.uk](mailto:serendipity@autismhampshire.org.uk)

**Page 2 - Serendipity Community Groups**

Group Name	When	Frequency	In Person or Online
<b>Swanmore Group</b>	Thursday, 11:15am - 1:15pm	Twice a month	In person
<b>Southampton Art Group</b>	Thursday, 3:15pm - 5:15pm	Twice a month	In person
<b>Eastleigh Groups</b>	Friday, 4pm - 6pm (Online) Friday, 3pm - 5pm (In Person)	<b>Four times in a month</b> (Alternating between in person and online)	Online and In person
<b>Winchester Craft Group</b>	Sunday, 3pm - 4:30pm	Twice a month	In person
<b>Solent Group (Titchfield)</b>	Sunday, 6:30pm - 8:30pm	Three times a month	In person
<b>Havant Group</b>	Thursday, 1:30pm - 3:30pm	Twice a month	In person
<b>Bordon Group</b>	Thursday, 10am - 12pm	Twice a month	In person

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**Page 3 - Skills Groups**

<b>Group Name</b>	<b>When</b>	<b>Frequency</b>	<b>In Person or Online</b>
<b>Life Skills Through Drama, Southampton</b>	Monday, 1pm - 3pm	Once a month	In person
<b>Portsmouth Mental Health</b>	TBC	Once a month	TBC
<b>Southampton Mental Health</b>	TBC	Once a month	TBC

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